

## Private General Practice at Enigma Healthcare

- We offer Telephone and Face to Face consultations.
- These include medical advice for acute and chronic conditions, women's health, sexual health following history taking +/- examination, investigations and diagnostics including blood tests, X-rays and scanning, prescriptions, private sick notes, private letters and private referrals. Also follow up with experienced GPs and with notice, continuity of care.
- We also offer, upon assessment, intra-articular joint injections, minor surgical procedures.
- Well person assessments.
- Medicals – discuss with the team.
- Blood tests and diagnostic testing with reporting – ideally following GP Consultation. If requested in isolation, you will need to discuss the results and actions required with your usual Healthcare provider.

## Exclusion Criteria

- Clinical Emergencies such as chest pain or fits, severe breathing difficulties, sudden loss of consciousness, signs of a stroke, acute confusion, severe bleeding, burns or injuries, eye trauma, swallowed or inhaled foreign body, head injury, signs of meningitis should be directed to call emergency services immediately. Active suicidal thoughts or acute mental health crises should be sign-posted to local GP/community mental health services.
- Controlled Drug Prescribing – we do not prescribe controlled drugs. For more details see – [List of most commonly encountered drugs currently controlled under the misuse of drugs legislation – GOV.UK \(www.gov.uk\)](#). If required, please contact your GP to access the specialised service required.
- Substance Misuse as specialist services are required which are beyond the remit of Enigma Healthcare. For appropriate services see – Find alcohol addiction support services – NHS ([www.nhs.uk](http://www.nhs.uk)) and [Drug addiction: getting help – NHS \(www.nhs.uk\)](#).
- Paediatric Consultations – At present we do not consult with children under 18 years of age.
- Complex, Unstable Medical or Mental Health conditions that may be beyond the remit of Enigma Healthcare.
- Violent or Abusive Behaviour towards staff or other patients may be excluded from the practice.
- Non-Compliance – patients who consistently do not follow their prescribed treatment plans or adhere to medical advice may be excluded from the practice if it's in their best interest to receive care elsewhere.
- Severe Pregnancy Related Complications such as bleeding, reduced movements, or ruptured membranes. Please contact your local obstetric services.
- Dental Care – We cannot provide care for dental issues.
- Home Visits – At present we do not offer a home visiting service.

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